

Dear ,

Two weeks ago, my horse stepped on my foot. Twice. Full weight. It was really painful and for a moment I thought it might be broken. But I was alone in Italy and couldn't leave the dogs home alone for too long. So I waited until I was back in Switzerland to get x-rays. Luckily, nothing broken, just bruised and sore.

In the meantime, the horses still needed care. At one point I even had to move all three, in one go, from one pasture to another. I had the two horses on the lead rope, my mule was following on her own. Not ideal, but separating them would've caused panic since they are all three very buddy sour. So I did what I had to do. Limping, sore, but it worked.

When I later talked it through with my coach, they pointed out something simple: I didn't have to luxury to wait to feel ready. So I just acted. The confidence didn't come first—it came from doing what was needed and doing so successfully .

That's true in front of the camera as well. People often think they need to feel confident before booking a session. But confidence has a way of showing up during the shoot, when you start having fun.

a small birthday note

I turned 48 on Sunday.
To mark it, I'm opening a short window for those of you who've been hesitating.

For **48 hours** only, the **Beyond** package is **24% off**. New price: **CHF 1'443** (regular **CHF 1'899**).

Offer closes *Saturday, 27 September 2025, 12:00 CEST*.

Reply to this email to book.

just a little reminder

I still have a few autumn session spots. The light is softer, the flies are fewer. And the colours are amazing. If you've been waiting, *now* is a good time.

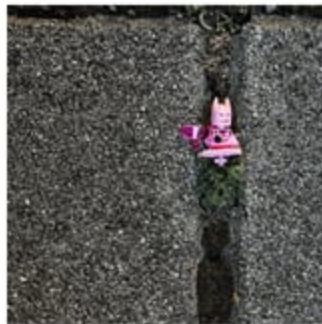
Booking is as simple as replying to this email. The same goes for asking any question you have.

What **caught my eye** on social media this month.

I came across this post on LinkedIn from Francine Burghoorn, equestrian mindset coach. It put words to something I too have often felt: the pressure to always “do” something with my horses. Train, improve, make progress. While what I want most is for them to simply be happy, and for me to just spend time with them. Her reminder that horses aren’t here to measure our productivity but to walk beside us in partnership felt right on point.



My month in 3 images





As always, thank you for being a part of my journey.

Hold onto those small, everyday moments with your horse—they're the ones that matter most.

Caroline



Caroline Nijs Photography

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